

# HOW OZEMPIC® WORKS



Keeps your blood sugar in check<sup>1,2</sup>



Helps you manage your weight<sup>3,4</sup>



Protects your heart & kidneys<sup>5,6</sup>



**OZEMPIC®**  
semaglutide injection

100 x 65 mm

## When to inject Ozempic®

The starting dose of Ozempic® is 0.25 mg.<sup>6</sup>

Ozempic® should be dosed **once a week on the same day each week.**



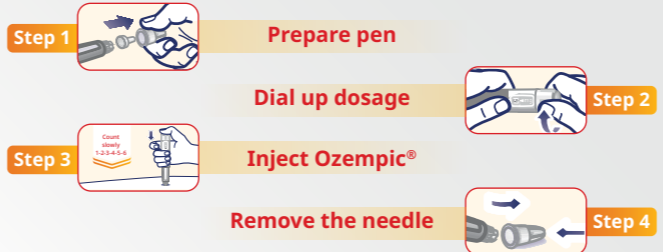
The injection can be dosed at **any time** of the day.



100 x 65 mm

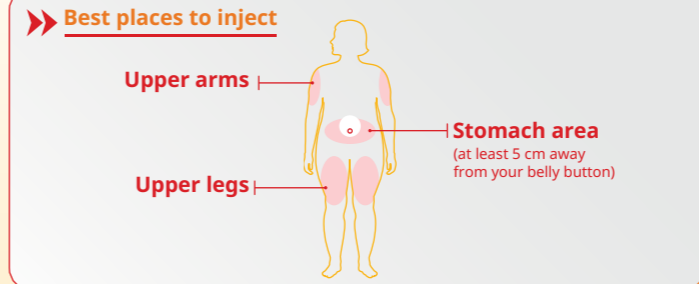
## How to use Ozempic® FlexTouch®.6

Ozempic® FlexTouch® is simple to use!



100 x 65 mm

Subcutaneous Injection under the skin



100 x 65 mm

## FlexTouch® demo video

Scan the QR code to watch the FlexTouch® video



100 x 65 mm

### How to store Ozempic® FlexTouch®<sup>6</sup>

#### Before First Use



2°C to 8°C

#### After First Use

For 6 weeks



Below 30°C

Note: Do not freeze and do not use if it has been frozen. Keep away from sunlight.

100 x 65 mm

### How to travel with Ozempic® FlexTouch®<sup>6,7</sup>

Ozempic® FlexTouch® is convenient to carry!

Carry in **cabin baggage or a handbag** and avoid freezing



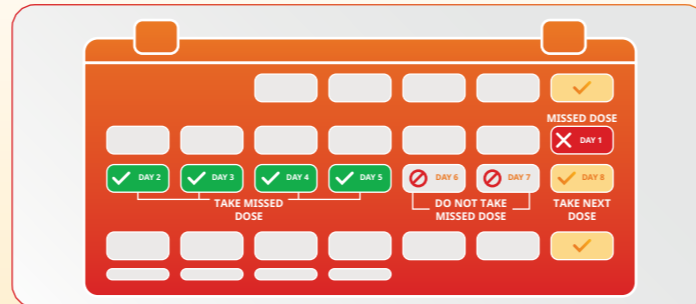
Avoid storing in a **car or glove box**, as heat may lower its potency



100 x 65 mm

### Missed Dose<sup>6</sup>

Missed a dose?  
Here's what to do next!



100 x 65 mm

### Well-being during treatment<sup>6,8</sup>

If you notice any side effects, don't worry - they're usually temporary.  
Here are a few simple tips to help prevent or ease them.

Eat smaller meals



Stop eating when full or when not hungry



Avoid high-fat, fried, and spicy foods



Avoid carbonated and alcoholic beverages



Drink plenty of water and eat high-fibre foods



100 x 65 mm

ONCE-WEEKLY  
**OZEMPIC**<sup>®</sup>  
semaglutide injection

Reference: 1. Aroda VR et al. Diabetes & metabolism. 2019 Oct 1;45(5):409-18. | 2. Pratley R E et al., Presented at the 78th Scientific Sessions of the American Diabetes Association, 22-26 June 2018, Orlando, FL, USA. | 3. Ahrén B et al. Diabetes, Obesity and Metabolism. 2018 Sep;20(9):2210-9. | 4. Marso SP et al. New England Journal of Medicine. 2016 Nov 10;375(19):1834-44. | 5. Perkovic V et al. New England Journal of Medicine. 2024 Jul 11;391(2):109-21. | 6. Ozempic® CDSCO approved package insert version dated 23 Oct 2025. | 7. Adopted from <https://www.medscape.com/viewarticle/what-your-patients-should-know-about-traveling-glp-1s-2025a1000mmi?form=fpf> last accessed on 17/11/25. | 8. Gorgojo-Martínez JJ, et al. Journal of clinical medicine.2022 Dec 24;12(1):145.

This does not replace medical advice. Talk to your doctor/ health care professional for more details.  
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Your **OZEMPIC**<sup>®</sup> Journey  
Starts Here



**OZEMPIC**<sup>®</sup>  
semaglutide injection

Closed size 105 x 70 mm